

# Cybersecurity for Meaningful Use



**2013 FRHA Annual Summit**  
**"Setting the Health Care Table:**  
**Politics, Economics, Health"**  
November 20-22, 2013

# Healthcare Sector Vulnerable to Hackers

## The Washington Post

By Robert O'Harrow Jr., Published: December 25, 2012

The American Recovery and Reinvestment Act mandated the widespread adoption of electronic health records (EHR) computer systems.

- Tens of thousands of doctors and hospitals are using the systems to digitize and share millions of patients' records.
- Certification of the EHR systems included few security provisions.
- Health care has a culture in which physicians, nurses and other health-care workers sidestep basic security measures, such as passwords, in favor of convenience.

# Healthcare Sector Vulnerable to Hackers

- Health care is among the most vulnerable industries in the country, and it lags behind in addressing known problems.
- Health care facilities show a routine failure to fix known software flaws in aging technology
- Medical devices at Veterans Affairs facilities were infected by malicious viruses at least 181 times from 2009 to 2011.
- 94% of hospitals had at least one breach in the last two years. (Ponemon Institute, 2012)
- 54% of health care firms have little confidence that they can detect all data loss or theft. (Ponemon Institute, 2012)
- The Department of Homeland Security concludes that health care presents an inviting target to activist hackers, cyberwarriors, criminals and terrorists.

# The Downside of Health IT Promotion

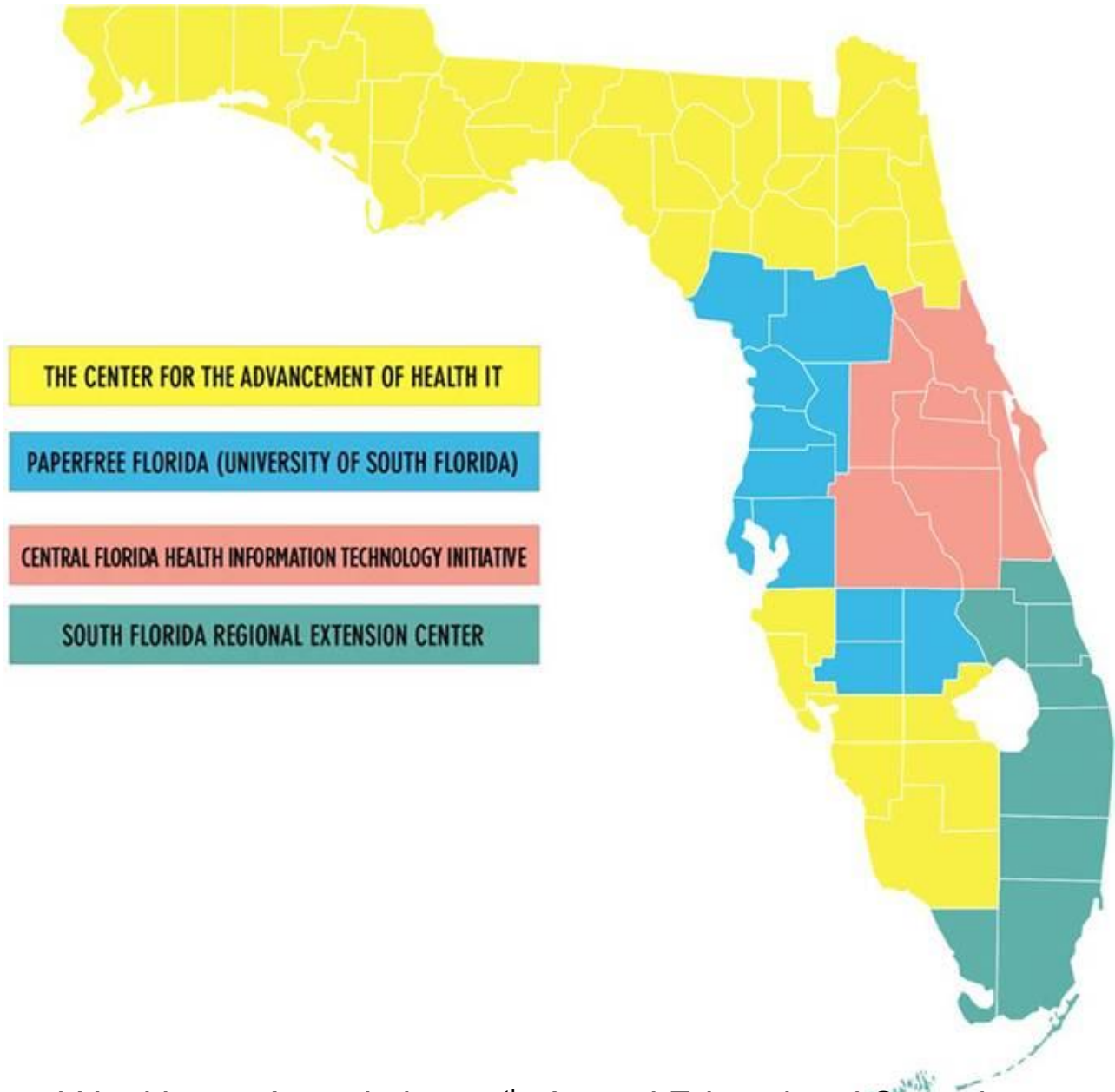
American Recovery and Reinvestment Act took some very positive steps toward promoting the adoption of health IT for improved patient care. Some of the important initiatives sponsored by the federal government include:

- CMS Incentive payments for providers to implement Electronic Health Records.
- ONC investment in state-level Health Information Exchange.
- FCC programs supporting broadband telecommunications.

There are correlated realities that have followed these initiatives:

- Increasing Cybercrime
- Increased HIPAA penalties for data breach

# Regional Extension Centers in Florida



# Florida Providers Implementing EHRs

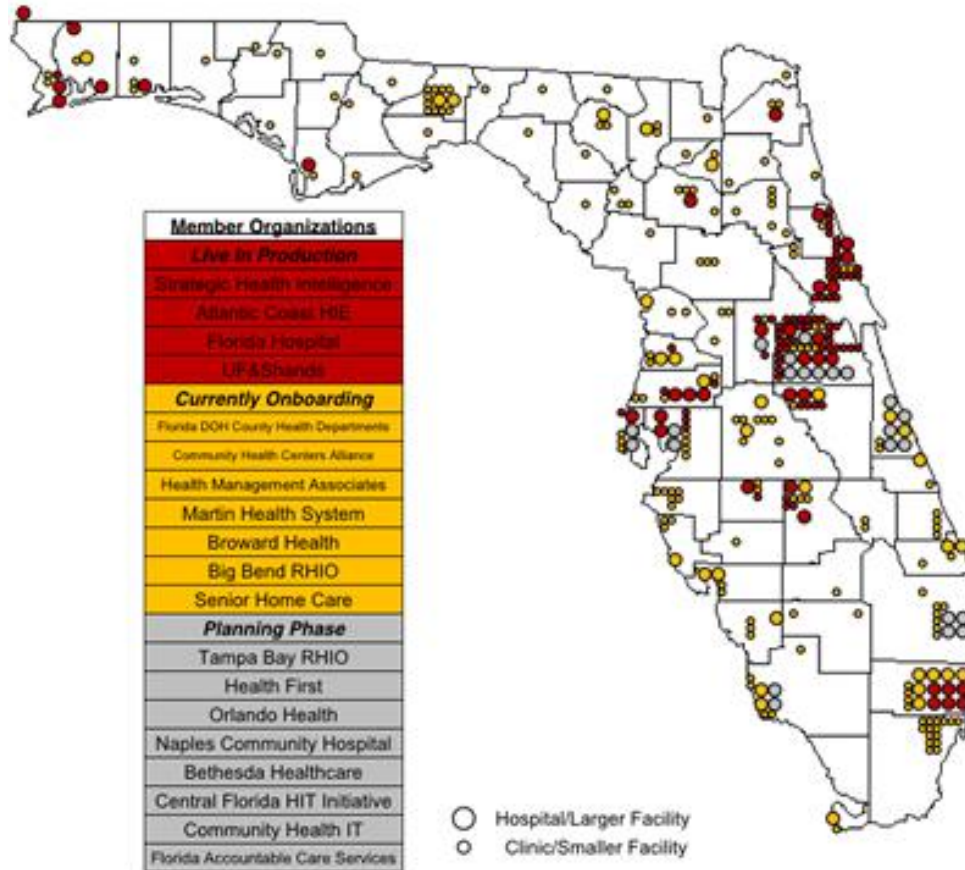
Regional Extension Center	ONC Milestone 1: Membership in REC		ONC Milestone 2: Implement EHR		ONC Milestone 3: Attest to Meaningful Use	
	PPCPs Signed w/ REC	% PPCPs Signed w/ REC	PPCPs w/ EHR	% PPCPs w/ EHR	PPCPs at Meaningful Use	% PPCPs at Meaningful Use
Center for the Advancement of Health IT (FL)	2,413	119%	2,113	104%	1,156	57%
Central Florida HIT Initiative	1,514	111%	1,442	106%	906	66%
PaperFree Florida Collaborative IT Technology Regional Extension	1,793	179%	1,479	148%	837	84%
South Florida Regional Extension Center	3,190	128%	2,815	113%	1,824	73%
Total	8,910	134%	7,849	118%	1,743	70%



# Health Information Exchange in Florida



Partner  
Organization  
Onboarding  
Status through  
May, 2013



# FCC CONNECT Rural Broadband Program

The Rural Broadband Program seeks to increase access to broadband telecommunications networks by rural health care providers.

The FCC will subsidize 65% of the cost of broadband telecommunications connections for rural health care providers out of the FCC CONNECT Fund.

- Equipment necessary to make broadband service functional.
- Reasonable and Customary Installation Charges.
- Lease of lit fiber and recurring charges.
- Connections to research & education networks.
- Connections between off-site data centers and administrative offices.



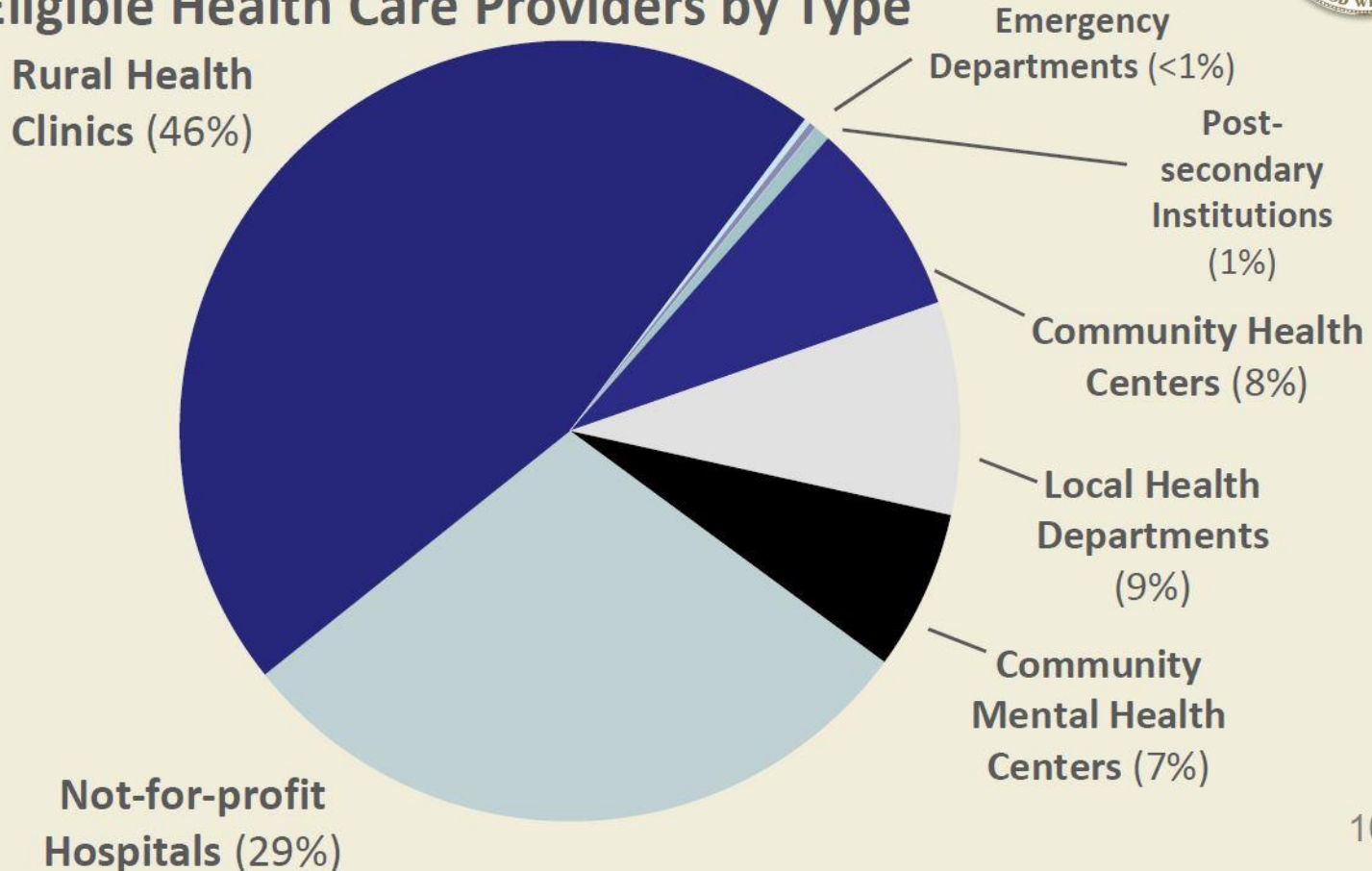
# Eligible Providers for the FCC CONNECT Fund

DEPARTMENT OF MANAGEMENT  
**SERVICES**



## First Step: Meet Eligibility Criteria

### Eligible Health Care Providers by Type



10

# Medical Identity Threat

- Medical identity theft is increasing and consumers need to take steps to protect their personal information.
- In 2012 an estimated 1.84 million Americans became victims of medical identity theft.
- This is an increase of 19% over the 2011 estimate of 1.52 million individuals.
- Medical identity theft can put victims' lives at risk.
- 50% of victims were not aware that medical identity theft can create inaccuracies in their permanent medical records.



# Who is Attacking You and Why?

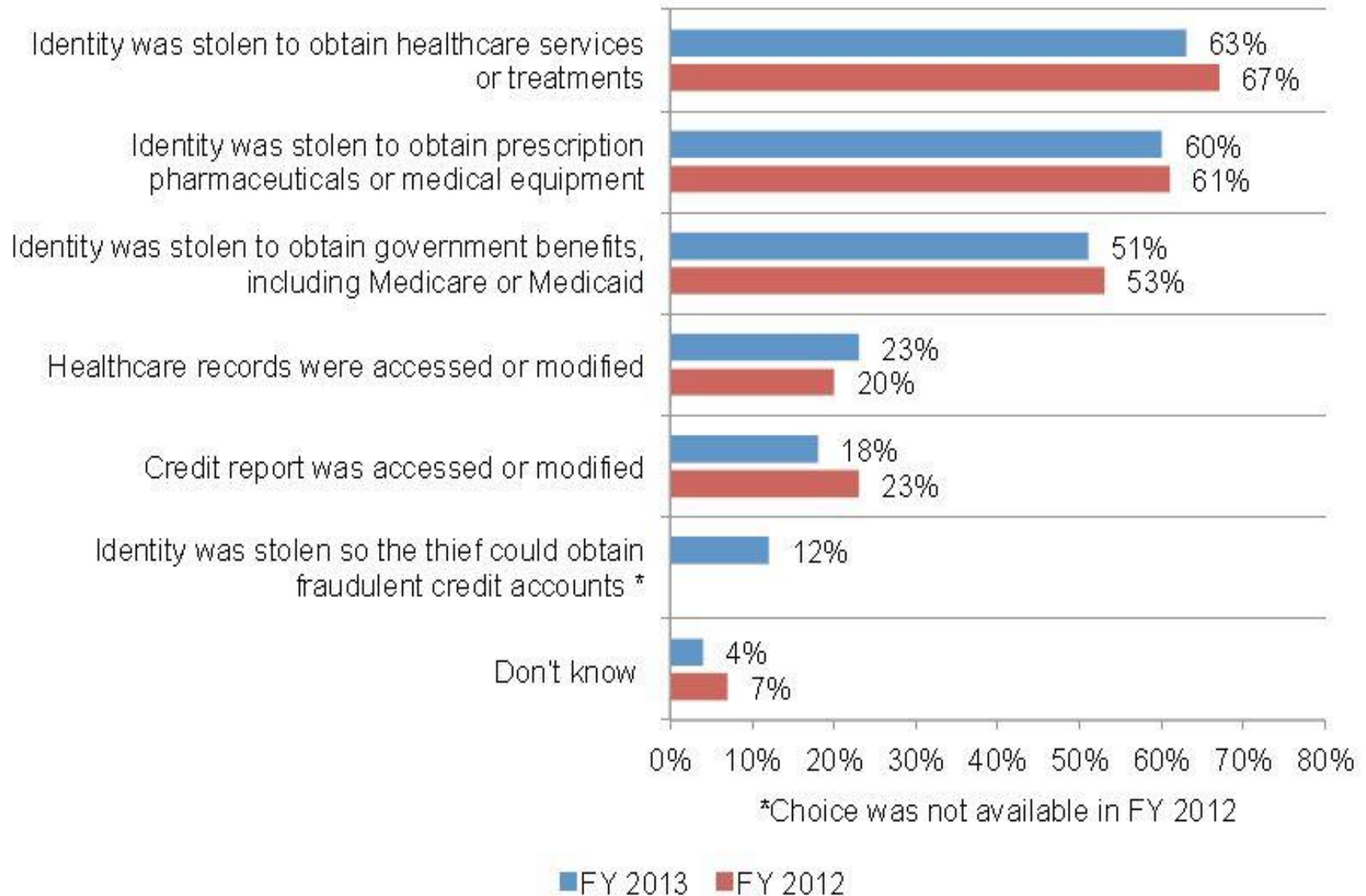
The threat landscape in health care is similar to that seen in other industries.

- The majority of attackers seek information from which they can directly or indirectly profit. This includes personal details and payment card information.



- Organized criminal groups are behind 92% of breaches
- The majority of attacks on healthcare organizations come from outside of the company.
- Only one fifth of healthcare attacks come from an insider.
- Attackers often use the most basic hacking and malware techniques to break in.

# Objectives of Medical Identity Theft



# Breach of Unsecured PHI

The HIPAA Omnibus Final Rule issued in January 2013 takes a hard line on the of unsecured Protected Health Information.

- A “breach” of PHI is the unauthorized acquisition, access, use, or disclosure of unsecured PHI that compromises the security or privacy of the PHI.
- “Unsecured” PHI are records that are not rendered unusable, unreadable, or indecipherable to unauthorized individuals using the technology or a methodology specified by HHS guidance.
- The breach is considered to compromise the security of the PHI when there is a significant risk of financial, reputational, or some other harm to the individual whose PHI is taken.



# Money Penalties for HIPAA Violations

There are four categories of violations that reflect the increasing seriousness of the HIPAA violation. The corresponding tiers of penalty amounts are shown below.

<b>Violation Category –Section 1176(a)(1)</b>	<b>Each Violation</b>	<b>All Such Violations of an Identical Provision in a Calendar Year</b>
<b>(A) Did Not Know</b>	\$100 - \$50,000	\$1,500,000
<b>(B) Reasonable Cause</b>	\$1,000 - \$50,000	\$1,500,000
<b>(C)(i) Willful Neglect-Corrected</b>	\$10,000 - \$50,000	\$1,500,000
<b>(C)(ii) Willful Neglect-Not Corrected</b>	\$50,000	\$1,500,000

Business associates of covered entities are now liable for civil money penalties for HIPAA violations



# Florida Providers Implementing EHRs

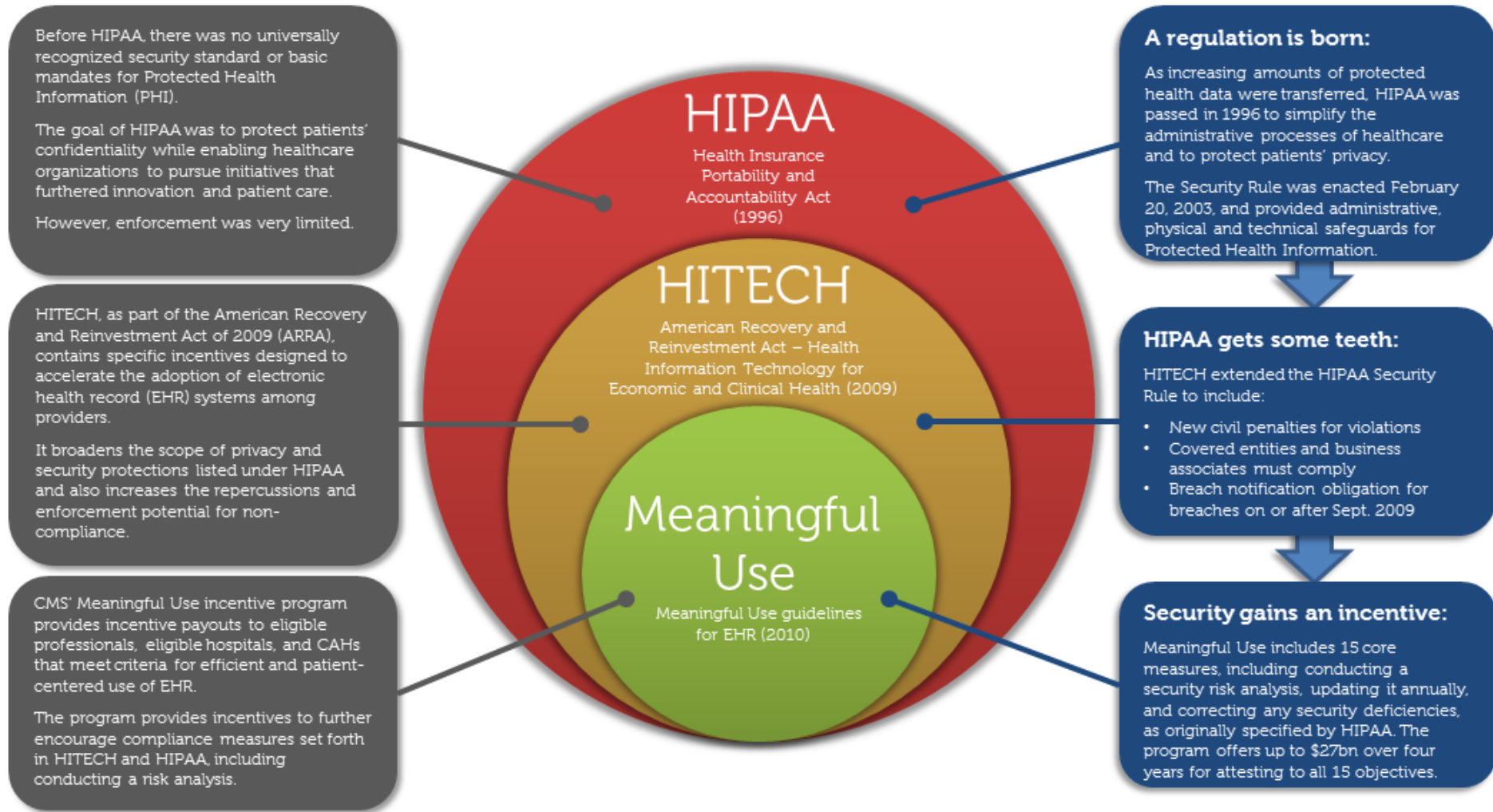
## CHAPTER 2: WHAT ARE THE REQUIREMENTS UNDER STAGE 2 OF MEANINGFUL USE?

### Core Objectives for Eligible Professionals

#### Protect electronic health information

<b>What this measure requires</b>	Conduct or review a security risk analysis in accordance with the requirements under 45 CFR 164.308 (a)(1), including addressing the encryption/security of data at rest and implement security updates as necessary and correct identified security deficiencies as part of its risk management process.
<b>What that means for you</b>	You have to meet the same HIPAA requirements for protecting patient information in your EHR as you do for paper records. To do this, you must conduct a security review of your system and correct any problems that could make patient information vulnerable.
<b>Are you excluded from doing this?</b>	There are no exclusions. Everyone must meet this objective.

# Meaningful Use and Healthcare IT Security



# Risk versus Security

Security and Risk are related concepts that refer to the overall safety of IT systems and the identification of threats and vulnerabilities that might negatively impact the IT system.

**Information Security** encompasses:

- Administrative, physical, and technical safeguards in an information system
- The protection of information and information systems from unauthorized access, modification, or destruction in order to maintain confidentiality, integrity, and availability.

**Risk** is a probability measure that estimates the extent to which an entity is threatened by a potential circumstance or event. The estimate of risk is typically a function of:

- The adverse impacts that would arise if an event occurs
- The likelihood of occurrence

# Risk Assessment

**Risk assessment** is the first process in a health care provider's **risk management policy** and is used to determine potential threats and risk associated with an IT system.

The HIPAA Security Rule requires covered entities to evaluate risks and vulnerabilities in their environments and to implement policies and procedures to address those risks and vulnerabilities.

Section § 164.308(a)(1)(ii)(A) is quite specific:

- *(A) Risk analysis (Required)*. Conduct an accurate and thorough assessment of the potential risks and vulnerabilities to the confidentiality, integrity, and availability of electronic protected health information held by the covered entity or business associate.

# HIPAA Security Rule: Administration

## § 164.308 Administrative safeguards

(1)(i) Standard: **Security management process**

(ii) Implementation specifications:

(A) **Risk analysis** - Required

- Assess potential risks and vulnerabilities to ePHI

(B) **Risk management** - Required

- Security measures to reduce risks and vulnerabilities

(C) **Sanction policy** - Required

- Apply sanctions against staff who fail to comply with security policies

(D) **Information system activity review** - Required

- Review audit logs, access reports, and security incident tracking reports.



# NIST Organizational Risk Frame

Risk framing describes a risk management strategy that addresses how to assess risk, respond to and monitor risk.

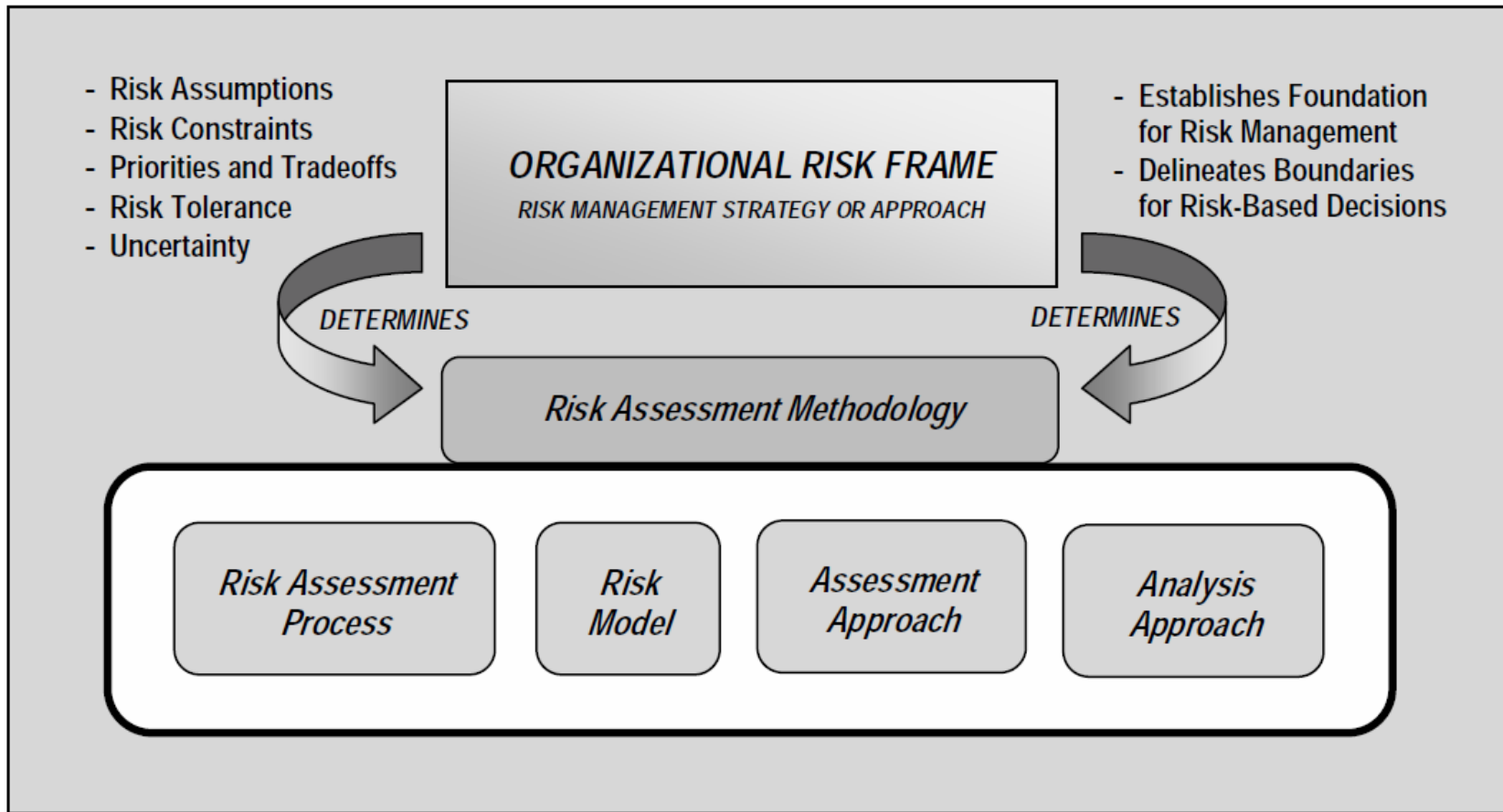
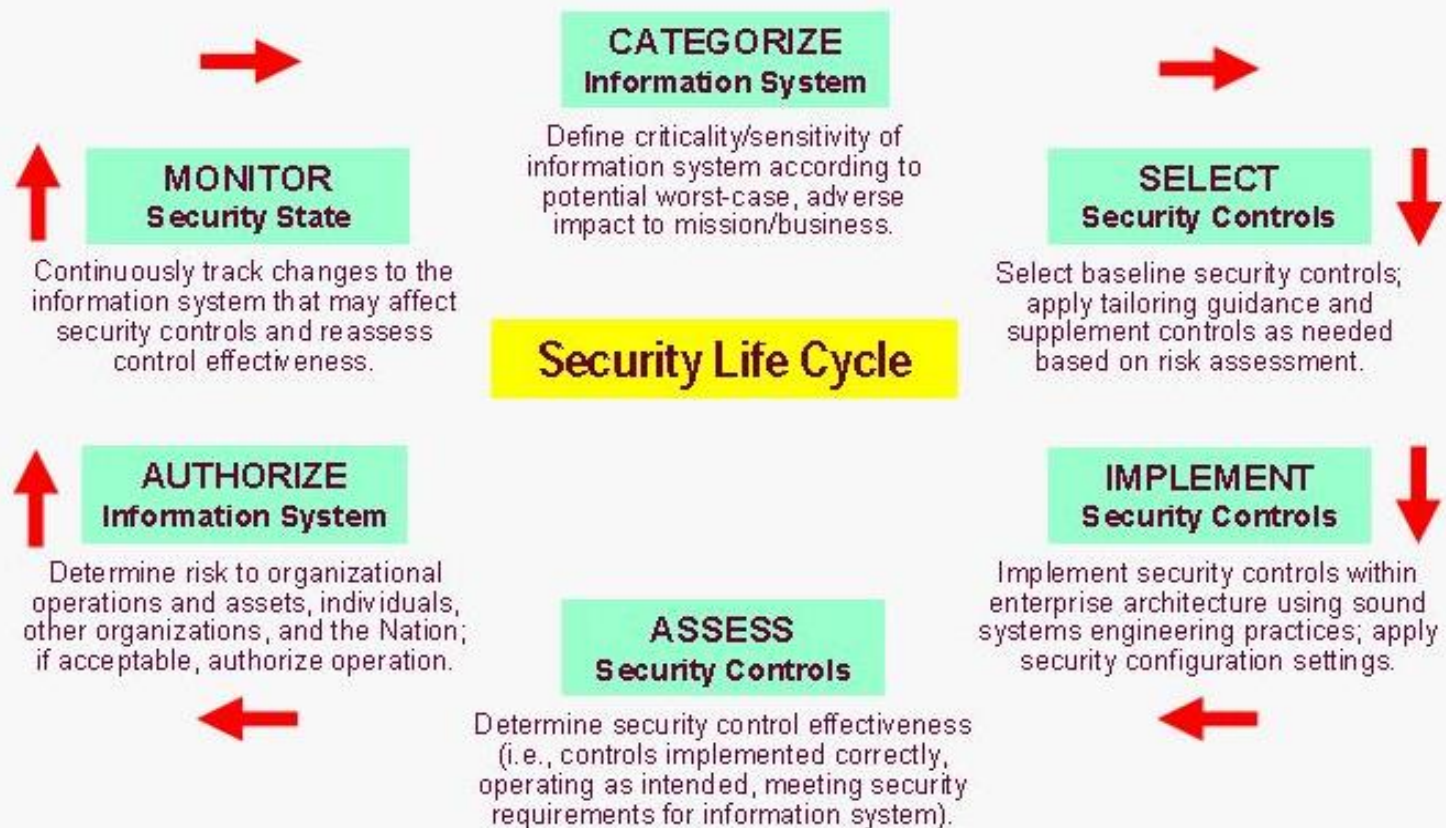


FIGURE 2: RELATIONSHIP AMONG RISK FRAMING COMPONENTS



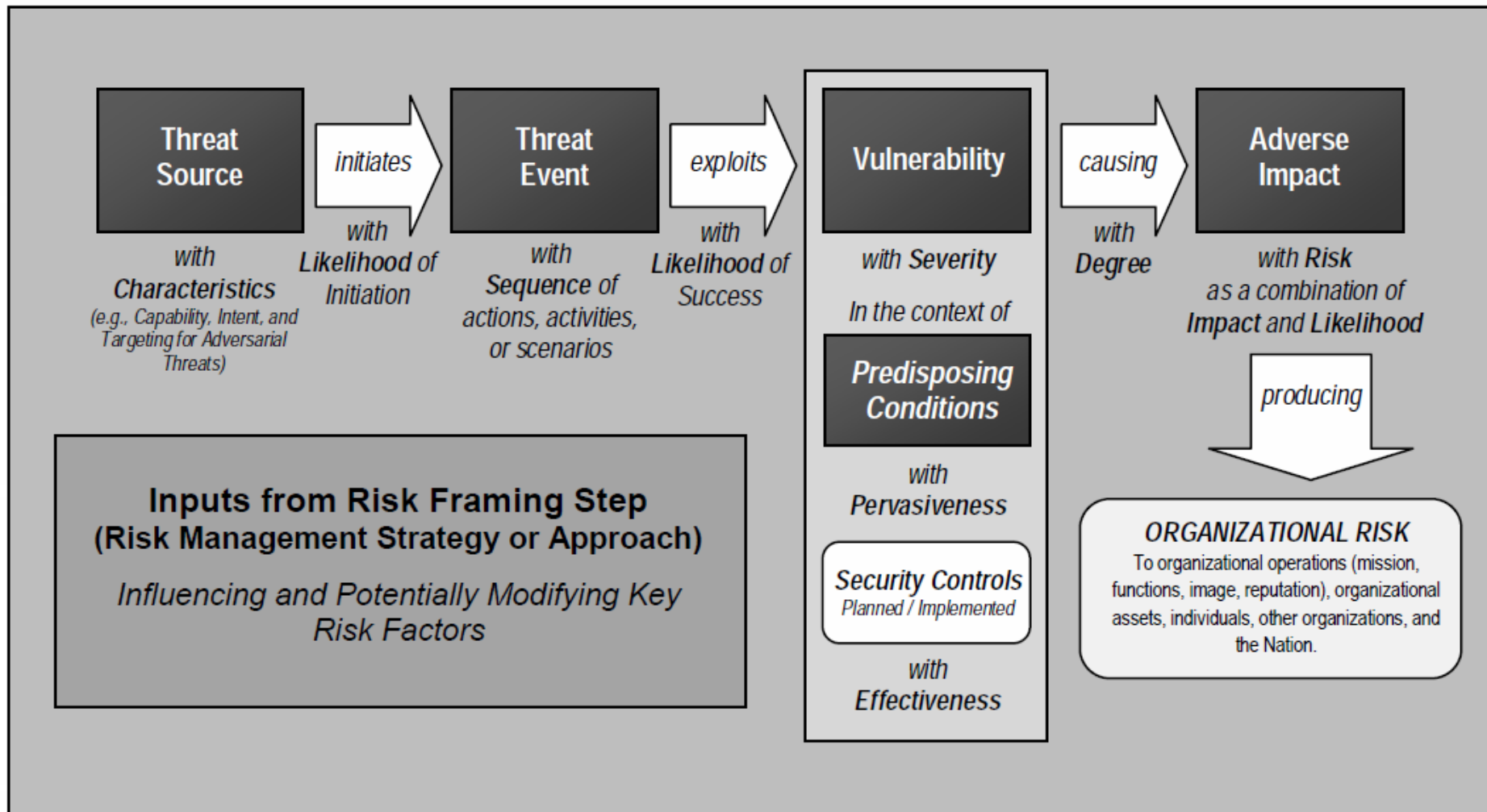
# Risk Management Framework

The **Risk Management Framework** incorporates the risk analysis into a larger framework that deals with managing risk to ensure security of protected health information. It consists of six recurring steps, of which risk analysis is only one:

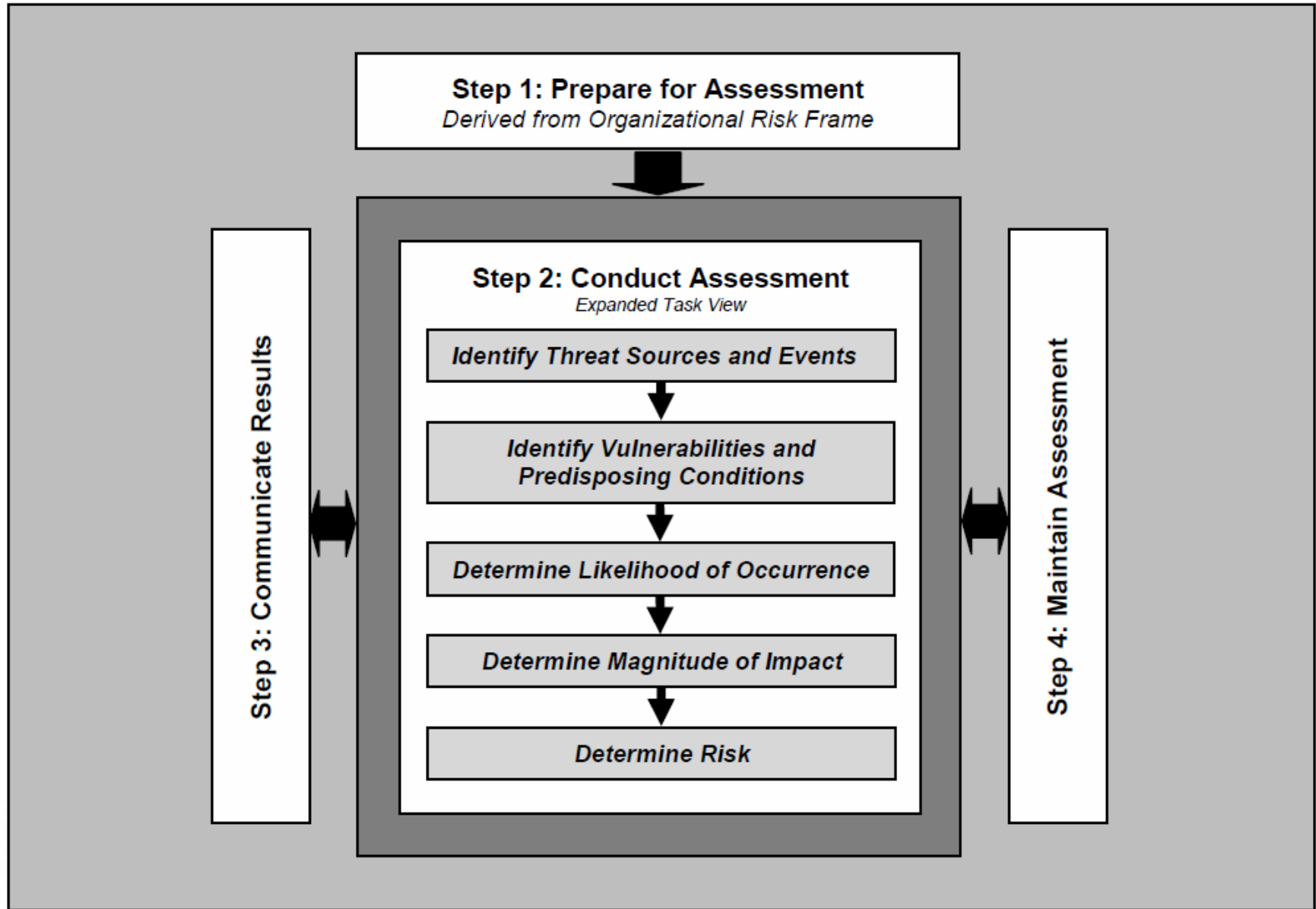


# Key Concepts in Risk Analysis: Risk Models

The NIST Risk Model includes the identification of risk factors and the relationships among those risk factors.



# NIST Risk Assessment Process



# Ongoing Risk Assessment

Risk analysis and risk management are ongoing, dynamic processes that must be periodically reviewed and updated in response to changes in the environment.

Risk assessments provide the baseline for risk management decisions on the health care organization's security controls.

- Risk analysis results inform and guide a more extensive organizational risk monitoring process.
- Organizations use risk assessment to make risk management decisions.
- The risk analysis identifies new risks or updates existing risk levels resulting from operational changes.
- The risk assessment becomes a basic input to an ongoing program of risk management.

## Questions?



Christopher B. Sullivan, PhD  
Image Research, LLC  
[cbsullivan@imageresearch.com](mailto:cbsullivan@imageresearch.com)  
850-591-2821